



UNITEDMMC

United Medical Clinics – Medical Cannabis Fact Sheet & Privacy Policy

Medical Cannabis Facts

Routes of administration: Can be mixed with foods, Prepared as a tincture, Brewed as a tea, Combined with oil for topical use, Smoked in a pipe, as a cigarette or cigars or Vaporized: The most promising alternative to smoking appears to be "vaporization," in which cannabis is heated to a point where cannabinoids are emitted without combustion. This is the healthiest inhalation method that allows for faster and efficient delivery (10-15 second relief). A feasibility study by NORML and MAPS has demonstrated that an electric vaporizer can successfully generate THC at 185°C while completely suppressing benzene, toluene, and naphthalene formation. (Gieringer D. Cannabis "vaporization": a promising strategy for smoke harm reduction. J Cannabis Ther 2001;1(3-4):153-170).

Marijuana and treating pain: Our bodies naturally make pain relievers called endorphins, but they also make other substances that can trigger pain relief in the endocannabinoid system of our bodies. This system provides key mechanisms in many processes in the body, including modulating pain and how we deal with pain. Marijuana contains cannabinoids very similar to those that occur in the body naturally. Many people with a range of pain syndromes who have failed all their other treatments have found that herbal cannabis has been the only reasonable option that they have that controls their symptoms.

How the brain responds: THC enters the bloodstream to the brain - THC connects to cannabinoid receptors on nerve cells – Influences pleasure, memory, thought, concentration, sensory and time perception, and coordinated movement. Short-term physical effects Sedation Blood shot eyes, Increased heart rate, Coughing, Increased appetite, Decreased blood pressure, Bronchitis and Bronchial asthma

The Arizona Department of Health Services reports: Marijuana use can impair an individual's ability to drive a motor vehicle or operate heavy machinery. Check the AZ Department of Health Services site for news and updates: www.azdhs.gov/medicalmarijuana/index.htm KEEP MARIJUANA OUT OF THE REACH OF CHILDREN AND UNAUTHORIZED INDIVIDUALS Call the Poison Control Hotline at 1-800-222-1222 if you have concerns.

Privacy Policy

What information do we collect: We collect information from you when you fill out our Intake Forms and provide sensitive information when using our clinic. When using UnitedMMC, you may be asked to enter your: name, e-mail address or phone number. You may, however, provide your information verbally at time of visit.

What do we use your information for: To personalize your experience (your information helps us to better respond to your individual needs), To submit your personal information to the State of Arizona (we continually use your personal information for application submitting, reference with the program administration with the Arizona Department of Health), To improve customer service (your information helps us to more effectively respond to your customer service requests and support needs), To process transactions (Your information, whether public or private, will not be sold, exchanged, transferred, or given to any other company for any reason whatsoever, without your consent, other than for the express purpose of delivering the purchased product or service requested.), To send periodic emails (The email address you provide may be used to send you information, respond to inquiries, and/or other requests or questions, specific related information regarding the Arizona program, may offer products or services related to program).

Your Rights: You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. We can provide this usually within 30 days of your request. We may charge a reasonable, cost-based fee. You can ask us to correct health information about you that you think is incorrect or incomplete, we may say "no" to your request, but we'll tell you why in writing within 60 days. You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address and will say "yes" to all reasonable requests. You can ask us **not** to use or share certain health information for treatment, payment, or our operations which we are not required to agree to your request, and we may say "no" if it would affect your care. If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer which we will say "yes" unless a law requires us to share that information. **For certain health information, you can tell us your choices about what we share:** If you have a clear preference for how we share your information in the situations described you can instruct us on your preference: Share information with your family, close friends, or others involved in your care or Share information in a disaster relief situation. In these cases, you have both the right and choice to tell us to include your information in a hospital directory. **In these cases we never share your information unless you give us written permission:** Marketing purposes, Sale of your information or Most sharing of psychotherapy notes. **In the case of fundraising:** We may contact you for efforts.

Our Uses and Disclosures: How else can we use or share your health information: We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html. **Help with public health and safety issues:** Preventing disease, Helping with product recalls, Reporting adverse reactions to medications, Reporting suspected abuse, neglect, or domestic violence and Preventing or reducing a serious threat to anyone's health or safety. **Research:** We can use or share your information for health research. **Comply with the law:** We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law. **Respond to organ and tissue donation requests:** We can share health information about you with organ procurement organizations. **Work with a medical examiner or funeral director:** We can share health information with a coroner, medical examiner, or funeral director when an individual dies. **Address workers' compensation, law enforcement, and other government requests:** For workers' compensation claims, law enforcement purposes or with a law enforcement official, With health oversight agencies for activities authorized by law and special government functions such as military, national security, and presidential protective services. **Respond to lawsuits and legal actions:** We can share health information about you in response to a court or administrative order, or in response to a subpoena.

Our Responsibilities: We are required by law to maintain the privacy and security of your protected health information. We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information. We must follow the duties and privacy practices described in this notice and give you a copy of it. We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

Changes to the Terms of This Notice: We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office.